



WHY ARE YOU AFRAID?

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kidmania™

NOTE TO PARENTS from Ps Luke Aiasecca

Thank you for the privilege of ministering to your family through Kidmania Online. Today's Kidmania Online was **WHY ARE YOU AFRAID?**

This parent info sheet can be used by you at home to support your Kidmania experience WITH your children and help them to get the most out of it.

Be encouraged at this time that you, the parents, are THE MOST INFLUENTIAL PEOPLE IN YOUR CHILDREN'S WORLD. You can set an example for your children of using FAITH AND WISDOM.

The 'main ideas' section of this parent info sheet has been designed especially for you to enter into meaningful discussion with your children.

To help your children really share what is in their hearts and minds with you, and YOU can actively build faith and wisdom into them when it comes to the 'Ask' points, don't rush them... give them time to think and respond and really show them you are listening and that you understand.

We are here to support you! If you have any questions you would like to discuss please contact your location Kidmania co-ordinator or email me luke.aiasecca@enjoy.church
God bless you!



Family Ice Breaker – Boat Drawn Blind

This is a fun way to introduce what you will be talking about as a family.

Using a blank piece of paper, take turns trying to draw a boat on the water.

The catch is that you have to do it blindfolded as you draw and you only have 30 seconds to complete your drawing. The person that has the best picture after the 30 seconds is the winner. Have fun!



Today's Scripture Reference – Matthew 8

1. Read from here or in your Bible – Matthew 8:23-17 (NIV)

Then Jesus got into the boat and His disciples followed him. Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, "Lord, save us! We're going to drown!" He replied, "You of little faith, why are you so afraid?" Then He got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey Him!"

2. Watch online – To help tell the story of when Jesus asked the disciples to trust His word by faith (over what they see and think they already know) we used an excerpt from the SUPERBOOK episode 109: Jesus, Son of God and video: Jesus Calms Storm. You can access Superbook resources and view full episodes for free at <https://us-en.superbook.cbn.com/video/jesus-calms-storm>



The Main Ideas for Family Discussion

Topic Introduction:

Say: God wants His children to be strong and courageous. Sometimes we can forget how to do this when there are storms going on around us. Here are 3 things that we can remember any time we are feeling afraid: God has power over every storm, we need to focus on Jesus and not our fear, and Jesus is in our boat (He is with us).

Memory Verses Challenge:

[Read them together a few times and then see if you can recite them by memory today, and throughout the week at each mealtime]

Psalm 56:3 "When I am afraid, I will trust you."

2 Timothy 1:7 "God has not given you a spirit of fear, but of power, love and self-discipline."

Discussion:

1. God has Power over every Storm

Say: Sometimes we can't change our situations but we can trust that God is in control. He is a good God and he has good plans for you. You just need to trust him.

2. Focus on Jesus not on your Fear

Say: Whenever we focus on our problems we make them appear bigger and bigger. It's the same with the things that we are afraid of. When we stay focused on our fears, they grow bigger and bigger. BUT... when we focus on Jesus and put our faith in Him, then His peace begins to FILL our hearts and minds.

Ask: What are 3 fears that you have?

Say: Fear is a part of life. But fear is never meant to take over your life. We don't need to live with fear. We serve a BIG and Powerful God! He has put his spirit on the inside of you to guide you and protect you. We are going to pray over your fears.

Say: Anytime you're feeling afraid, say this to yourself, "My God is so big, so strong and so mighty, there's nothing my God cannot do!" (Say this with your kids a few times until they have it memorised. You can have some fun with this by saying it in funny sounding voices and getting them to copy you)

3. Jesus is in your Boat

Say: Just like Jesus was in the boat with the disciples during the storm, He is with YOU through all the storms in your world. Whenever you find yourself worried or afraid, just remember that Jesus is with you, He loved you, and He is on your side. When you are in TEAM JESUS there is no storm or fear too big that He won't be able to lead you through.

Ask: How does it make you feel to know that you are on team Jesus?

Sum up by listing the 3 main points:

1. God has POWER over every storm
2. Focus on Jesus and NOT your fear
3. Jesus is in YOUR boat (see if your kid/s could remember them before you list them)

Let's Pray!

Using the 3 fears that were mentioned in your discussion time pray over your kids for protection, courage, and faith to increase in every way possible over their lives. Pray in Jesus Name, Amen!

